

**Hot off the DSC Press**

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*"Where Everyone Gets To Play"*

**Letter from the General Manager**

Summer is officially upon us, at least the heat of summer is here. While we have all of our AC units running full time, please help us keep the building comfortable by not keeping the doors open more than needed. With summer, we also start our summer camps. We are expecting to top 1000 kids in camp this summer so register early. We will be limiting camps to 100 kids per week. Registration is easy on-line and we now allow deposits to reserve a spot rather than requiring full payment at registration.

Indoor Lacrosse is back at Dreamsports and for the first year we have had LAX all year long. LAX is the fastest growing sport in the state, most of our programs include an instructional component, so everyone gets a chance to try the sport. We also offer Adult LAX Pickup on Sunday mornings.

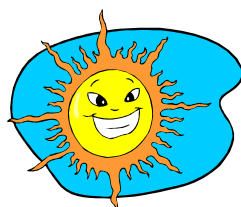
The change we made in our Youth Hockey program has had great results with significant improvement in all of our team balance stats. We plan to continue having two divisions in our 8U, 10U, and 12U leagues as long as we have sufficient registration to have a minimum of 4 teams in each. We will be trying something new for the summer in 8U where will begin playing "Cross-Ice" style of hockey. Cross Ice is a program endorsed by USA Hockey to improve the learning process for players under 10. Because of the reduced size of the rink, players get more puck time and are forced to develop better hockey sense because of the lack of free space.

Our Child Development programs continue to grow with a record 450 kids participating this past Spring. We are now running satellite programs at 3 other locations and are looking to add a location in Sanford.

We just announced a new partnership with the Carolina RailHawks. Dreamsports members now get reduced priced tickets and we will be planning several dedicated events with the RailHawks. Support your local professional team and get out to a home game.

Lastly, summer is a time to welcome back our college students for the summer and wish all of our recent grads the best as they go off to this next phase in their lives this coming August. We lose some of our favorite employees and players but hope that they will be back to Dreamsports next summer.

Best Regards, Steve



**OPEN HOUSE**

**Saturday, August 28th  
12:30-3:30 PM  
FREE instructional Classes!**



- |                          |                   |
|--------------------------|-------------------|
| • Lil' Kickers           | • Inflatable's!   |
| • Lil' Sluggers          | • Youth Soccer    |
| • Lil' Dunkers           | • Lacrosse        |
| • Learn to in-line skate | • Arts and Crafts |
| • Learn to play Hockey   | • & MORE!         |

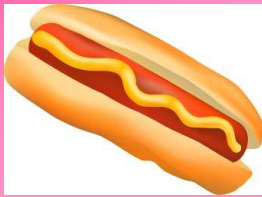
## New at Dreamsports Center

### New WEBSITE!

Keep up to date with everything that is going on a Dreamsports! Dreamsports will be launching its brand new website Soon.

### New in the Snack Bar:

**New Items including:**  
Hot dogs, Ice coffee, Fruit Shoot Juice, and Cheerwine!



### The Carolina Railhawks are one of our newest sponsors!!

During regular season home games the Carolina Railhawks will be offering 20% discount tickets for Dreamsports members interested in watching a professional soccer game!

Mark your calendars, on September 3<sup>rd</sup> we will have a Dreamsports Night at the Railhawks stadium for our youth soccer and Lil' Kickers participants. The Railhawks will provide a fan tunnel for participants.

"The opportunities to provide the benefits of this partnership to our soccer players enhances their experience at Dreamsports while supporting the RailHawks and professional soccer in the area. Exposing our youngest players in our Lil Kickers program to this level of the game of soccer in a family-friendly environment like the WakeMed Soccer Park will increase the level of excitement they have for the game." -Megan Spadafora

Please visit [www.carolinarailhawks.com/dreamsports](http://www.carolinarailhawks.com/dreamsports) to purchase your tickets.



### New for Child Development:

**Summer Remote Locations classes**— Child development is offering classes at local preschools including: Primrose Academy in Cary, La Petite Academy in Cary, and Kids R Kids at Cary Park.

**Satellite location-** Dreamsports is offering child development classes including Learn to Skate, Lil' Kickers, and Lil' Sluggers at West Lake Swim and Tennis Club in Sanford on Saturday evenings! For more information email Bianca at [Bianca@dreamsportscenter.com](mailto:Bianca@dreamsportscenter.com)

**Lil Sluggers League-** Lil Sluggers leagues introduces young players to the actual game of baseball. Each session starts with dynamic and fun drills that teach baseball fundamentals followed by real games which will reinforce these skills.

### Friday Night Sports Night:

**Dreamsports will be having Monthly Special Themed Sports Nights:** Join us for fun filled events at the beginning of each month during Sports Night from 6:30-10:30 PM.

**June 3<sup>rd</sup>: Beach Bash—Join us for our kick off to the summer party with capture the flag, limbo contests and more!**



## Spring & Summer Activities

### Meet our 2011 Kidsfest Logo Contest winner!

**Jack O'Leary** is the winner of the 2011 Kidsfest logo contest. His drawing of "What Dreamsports means to me" will be featured in all of the advertising and press material used for Kidsfest 2011. Jack is 9 years old and participates in our camp and hockey programs at Dreamsports.



### 2011 Closings



#### **Independence Day: July 4, 2011**

July 1-7, Limited Hours, Open for Camp & Child Development Programs, No Hockey or Soccer Games. Please check the website for more information.

#### **Labor Day: September 5, 2011**

#### **Thanksgiving: November 24-25, 2011**

#### **Christmas Holiday: December 24, 2011-January 1, 2012**

## Friday Sports Night

### **Every Friday Night from 6:30pm to 10:30pm**

Kids 8 thru 13 enjoy a night filled with organized SPORTS! Yes, that's right! Are you looking for somewhere SAFE & FUN for your kids to hang out on Friday Nights? Dreamsports hosts a night of Soccer, In-Line Skating, Deck Hockey, and Basketball and kids are free to roam from sport to sport throughout the evening. Parents can enjoy a night out while their kids are having supervised fun!

Admission is \$10 per person and parents are welcome to stay for FREE! In-line skate rental is available for \$2. All participants must be Dreamsports Members and waivers must be on file for all participants.

### **Special Friday Theme Nights:**

**June 3rd Beach Bash!** Join us for limbo contests, capture the flag and more!

\*Discounts are not permitted during theme nights

We want to hear from you! Email theme night ideas to [Kerianne@DreamsportsCenter.com](mailto:Kerianne@DreamsportsCenter.com)



# Instructional Programs for Ages 18 months-6

## Lil' Dunkers

*Lil' Dunkers is a Child Development class through the game of basketball. Classes are offered for children ages 2-6. Lil' Dunkers classes are 45 minutes long, non-competitive and jam packed with FUN!*



<u>AGE</u>	<u>CLASS NAME</u>	<u>CLASS TYPE</u>
2-3 yrs	Tiny Dragons	Parent/Child Beginner
3-4 yrs	Mini Dragons	Independent Beginner
5-6 yrs	Mighty Dragons	Beginner



*\*Mini Sessions and traditional Saturday class available this summer!*



## Lil Sluggers

*Lil Sluggers is an instructional program designed to introduce children ages 2 to 5 years to the game of baseball. Kids learn important baseball skills, such as throwing, catching, hitting, and base running.*



- Lil Sluggers has small class sizes.
- All classes are held indoors.
- Ask about our no-obligation trial class on June 3rd during Kidsfest.
- We do private group classes for kids up to 7 years old.



## Mini Pros

### A Variety of Sports

Mini Pros is a multi sports class that allows kids to sample 4 to 5 sports instead of focusing on just one. The Dreamsports "Mini Pros Program" is a developmental, non-competitive program. Throughout the summer session each class will be 45-50 minutes, and they will have 1 to 3 classes of each sport.

- **Mini Pros - Piglets: 2-3 yr olds- Parent/Child class**
- **Mini Pros - Cubs: 3-4 yr olds**
- **Mini Pros - Colts: 5-6 yr olds**



## Mini Sports Academy

Mini Sports Academy is a multi-sports **camp for kids 3-6 years old**. Camp will include soccer, tee-ball, basketball, and in-line skating/deck hockey. Camps are focused on child development as well as instruction. Registration is currently open! Better hurry, spots are filling up fast!!



Dates:

- May 31-June 4 \*4 Day Camp
- June 27-July 1
- July 5-8 \*4 Day Camp
- July 24-29
- August 1-5
- August 22-26

Times: 9:30am - 12:30pm

Cost: \$125 per 5 day week, \$100 per 4 day week

\*Membership not included

**Lil' Kickers**

**Soccer for Ages 18 months thru 7 yrs**



Check out our brochure for a detailed schedule. Download one from our website

[www.Dreamsportscenter.com](http://www.Dreamsportscenter.com).

Dreamsports Center can also bring our Lil' Kickers classes to you! We offer Lil' Kickers as an enrichment program at local schools and daycares. Find out how to get Lil' Kickers involved with your school by contacting Bianca Owens at: [Bianca@DreamsportsCenter.com](mailto:Bianca@DreamsportsCenter.com)



**Learn to In-Line Skate**

The Learn to Skate program at Dreamsports Center has hit a new level of growth! The Winter session had record-breaking enrollment. This program has grown because of the new learn to skate curriculum developed by our coaches! The kids love the new, fun games! The kids always skate away with smiles on their faces and parents are amazed at the improvements each week.



**Coming in the fall 2 Session: Dreamsports Allstars**

The ALLSTAR program is for kids ages 4-12 years who have a physical or intellectual disability. The ALLSTAR program will teach developmental skills and build self-esteem through the sports of flag football, soccer, field hockey, and tee-ball.



To express interest please contact Bianca Owens: [Bianca@DreamsportsCenter.com](mailto:Bianca@DreamsportsCenter.com)



Host your child's next birthday party at Dreamsports! It will be a birthday your child will remember forever! We customize each sports party to include your favorite games. Call Kerianne at 387-2955 x105 for more information.

**The Lil Sluggers League is Dreamsports Center's NEWEST Program!!!**

Dreamsports Center's Lil Sluggers instructional tee-ball league is for kids ages 4-6 years old. This league is for previous Lil Sluggers enrollee's, or experienced baseball players. Teams in the Lil Sluggers league will include 6-8 players and one experienced and trained Dreamsports Child Development Coach.

Lil Sluggers leagues introduces young players to the actual game of baseball. Each session starts with dynamic and fun drills that teach baseball fundamentals followed by real games which will reinforce these skills.

**SUMMER**

The Summer Session will be June 11 – August 6th. Teams will play 9 games on Saturday afternoons between 1:30pm and 4:30pm.

**Learn to Play In-Line Hockey**

This program is designed for children ages 5-9 years and works on the basic skills of skating, stick handling, passing, shooting and positional play.



Summer 2011 we will have an 11 week session.

**Tuesdays, 5:30-6:30pm**

or

**Saturdays, 10:30-11:30am**



**Cost: \$143 \*Membership not included**

All new players must purchase a reversible house jersey. Please note: The same jersey is used throughout each recreational hockey season at Dreamsports.

**Add "Dreamsports Child Development Programs" as a Facebook Friend!**



# Camp



***It's time to spend your Track Out, Teacher Workdays & Summer Break at Dreamsports! Because we have...***

## ***THE BEST SPORTS CAMP AROUND TOWN!***

***All camps are geared for kids ages 5-13, which includes indoor soccer, deck hockey, basketball, recreational lacrosse, in-line skating, and other sports activities.***

Camps are available per week, per day, or per half day (am or pm) for all weeks except for summer camp. Summer Camp is only available per week full day or per week half day. Summer per day options, if available, will be offered two weeks before camp starts.

Our ***new daily schedule*** is 8:30am to 5:30pm for full day, 8:30am to 12:30pm for half day mornings, and 1:30pm to 5:30pm for half day afternoons. Cost is \$195 per week for full day, or \$115 per week for half day.

\*Membership not included

*Each Camp Counselor is CPR/First Aid Certified. All Counselors go through extensive training and background checks.*

*Our philosophy for our multi-sport camps is to expose our participants to as many different sports as possible, to keep them active throughout the day, to make friends, and to give them opportunities to practice and experience good sportsmanship.*



*We also play dodgeball, flag football, world cup, capture the flag, wiffle ball, kick ball, corn hole, sharks and minnows, and our all time favorite, "four square".*



Are you a member of Facebook? Go to the Dreamsports Facebook page and upload photos, videos or join in on a dis-

## EVERYONE IS A MEMBER!

### **NEW DREAMSPORTS YEARLY MEMBERSHIP**

*~ All memberships are valid one year from the purchase date ~*

**Individual Membership** = \$25 per person

**College Student Membership\*** = \$10 per person

**Military Membership\*** = \$10 per person

*\*Proper picture ID is required for College & Military Memberships*



### **NEW DREAMSPORTS SEASONAL, OR DAILY MEMBERSHIP**

**Season or Session Membership:** \$10 per person

*~ All memberships are valid for the season or session only ~*

Sports Programs, Child Development Classes, Camps, Sports Leagues

**Daily Membership:** \$5 per person  
Pick Ups, Hockey or Soccer Subs, Sports Night

## Soccer



**Youth Indoor Soccer:** Dreamsports has decided to postpone our youth soccer leagues until the Summer II Session. During the Summer II season, we will offer coed youth leagues to ages 6 thru 17. Clinics will be included in the cost to help increase the opportunity for less experienced players to enjoy the game.

### Summer II Session:

August 6<sup>th</sup>-October 3<sup>rd</sup>. \*8 Weeks\*(No Labor Day Weekend games Sept. 3-5<sup>th</sup>)

We will begin registration for teams or individuals on May 30<sup>th</sup>. The cost will be \$74.96 per person. Interested in being a volunteer coach please email [Megan@dreamsportscenter.com](mailto:Megan@dreamsportscenter.com)



### Adult Leagues:

4 seasons instead of 5 for 2011. We will have a Winter, Spring, Summer and Fall season. All adult teams will play 10 games with 2 nights of "real" full hour playoff games. While the cost per season has risen, the cost per game has not. We believe that players will have a better experience with this new format. If you are interested in bringing a "new" team into our league contact Megan Spadafora at [Megan@DreamsportsCenter.com](mailto:Megan@DreamsportsCenter.com).

### The Carolina Railhawks are one of our newest sponsors!!

During regular season home games we will be offering 20% discount tickets for individuals interested in watching a professional soccer game. Mark your calendars, on September 3<sup>rd</sup> we will have a Dreamsports Night at the Railhawks stadium for our youth soccer and Lil Kickers participants. The Railhawks will provide a fan tunnel for participants. Please visit [www.carolinarailhawks.com/dreamsports](http://www.carolinarailhawks.com/dreamsports) for more information.

## Soccer Clinics

**Summer 2011 Youth Soccer Clinics with our newest clinic coach Kuponon from the Carolina Railhawks!**

**Dates: June 6<sup>th</sup>-August 1<sup>st</sup>**

Clinics are an eight week program for ages 7-13 years. Registration is required in order to participate. Cost is \$74.96 per person. Membership is not included.

- **Ages 7-10 years: Mondays; 5:30-6:30pm**
- **Ages 11-13 years: Mondays; 6:30-7:30pm**



**ADD "DREAMSPORTSCENTER MULTISPORTS PROGRAMS" AS A FACEBOOK FRIEND!**

**facebook**



**CAROLINA RAILHAWKS**  
**CAROLINARAILHAWKS.COM | (919) 859-KICK**

## Lacrosse

### Summer Lacrosse: Sundays,

July 10th-August 28th

\*8 week lacrosse program.

**Youth Lacrosse Fee:** \$104 per individual.

*\*Membership not included.*



- **Coed Grades 1-3:** is an instructional program that is designed to teach basic skills such as throwing, catching, cradling, and positioning on the field. **Equipment required will be a lacrosse stick only.**
- **Boys Lax Grades 4-6:** is an instructional program that is designed to teach basic skills such as throwing, catching, cradling, and positioning on the field. **Equipment required will be a lacrosse helmet, gloves, arm pads, shoulder pads, mouthpiece, cup, and lacrosse stick.**
- **Boys Lax Grades 6-8 (Middle School)** will maintain an instructional component, but will play a competitive game each week. Instruction will include basic skills such as throwing, catching, cradling, and positioning. **Equipment required will be a lacrosse helmet, gloves, arm pads, shoulder pads, mouthpiece, cup, and lacrosse stick.**
- **Boys Lax Grades 9-12 (High School):** will consist of games only. Local schools may register as a team or individuals can register to play and we will place them on a team. **Equipment required will be a lacrosse helmet, gloves, arm pads, shoulder pads, mouthpiece, cup, and lacrosse stick.**
- **Girls Lax Grades 6-8 (Middle School)** will maintain an instructional component, but will play a competitive game each week. Instruction will include basic skills such as throwing, catching, cradling, and positioning. **Equipment required will include a lacrosse stick, mouthpiece and goggles.**
- **Girls Lax Grades 9-12 (High School):** will consist of games only. Local schools may register as a team or individuals can register to play and we will place them on a team. **Equipment required will include a lacrosse stick, mouthpiece and goggles.**

### Adult Lacrosse Pick-up:

**Sundays: 8-9:30 AM**

Entry Fee is \$10 per person per pickup. All participants must be members. See page 9 for member details.

\*Times and dates subject to change. Please check the website for up to date information.



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winning lacrosse products

## Birthday Parties



### ***Have your next Birthday Party at Dreamsports!***

Our parties are BETTER than ever! Dreamsports has designed Birthday Party Packages that are guaranteed to make your child's birthday special!

Our most popular package for kids ages 7 & up is our **Sports Night Package**. Participants will receive private rink/field time in their 2 hour party package. Party includes your very own party coach and in-line skating, soccer, deck hockey, basketball...as well as pizza, snacks, drinks, cake & more!

We also specialize in parties for kids ages 2 thru 7. We will customize a party just for you, you will have the MOST MEMORABLE BIRTHDAY EVER! Each 90 minute party includes 3 to 4 customized games and we can accommodate just about any party theme...Soccer, Baseball, Football, Basketball, Hockey or Pick your favorite Sport!

**Call now to reserve your party. Hurry, space is limited . (919) 387-2955 ext: 105 or email [Kerianne@dreamsportscenter.com](mailto:Kerianne@dreamsportscenter.com)**

### ***Do you have a special occasion coming up?***

*Dreamsports can accommodate your next party or event. Church youth groups, corporate events, adult birthdays, and more! You name it, we can cater to your needs.*



**DUNKIN' DONUTS**

**baskin B R robbins**  
Perry Road, Apex NC

Wear your Dreamsports Jersey to Perry Road Location and receive a free small ice cream through out the summer!



## Job Opportunities



***Do you love sports? Are you energetic and friendly? Do you enjoy working with kids? Go to our website and click on the online application to apply today!***

*We are always interested in meeting High Energetic Camp Counselors, Child Development Instructors, Rink Attendants, Certified Soccer Referees, Snack Bar cashiers & scorekeepers. High school students ages 16 and older may apply if they have a grade point average of 3.0 or greater. Online submissions only.*

**[www.DreamsportsCenter.com/jobs.html](http://www.DreamsportsCenter.com/jobs.html)**

*Dreamsports performs various background checks on all employees and we do not hire or employ those with criminal histories or indications of inappropriate behavior in dealing with children.*

*Dreamsports Center is an equal employment opportunity employer. We adhere to a policy of making employment decisions without regard to race, color, religion, gender, sexual orientation, national origin, citizenship, age or disability. We assure you that your opportunity for employment with Dreamsports Center depends solely on your qualifications.*

919.363.9274



**Kelly's NC offers Hot Pressure Washing for both new construction and residential properties. Call Kelly's now and save 10% when you mention you saw this ad in *The Dreamsports Ezine*.**

**[www.DreamsportsCenter.com](http://www.DreamsportsCenter.com)**

# Employee News

## Dreamsports Employee Corner

Every month Dreamsports elects an employee of the month who exemplifies outstanding performance and dedication. Listed below are the most recent winners.



### Employee of Month Awards:

**February 2011- Calvin Kordela**

**March 2011- Rob Ronchetti**

**April 2011- Michael Rubes**

**May 2011- Becky Johnson**



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# First Line Hockey Camp



**Location:** Dreamsports Center

**Dates:** July 5- July 8, 2011

**Time:** Tues- Thur. 8:30-3:30, Friday 9AM-12

**Register by:** July 1

**Cost:** \$225 per camper

**Mike Tefft, President/Head Instructor, and his professional staff have designed a camp that will improve your**

**SKATING, PASSING, STICK HANDLING, SHOOTING, and GAME STRATEGY!**

**\*\*Daily Specialized Goalie Training\*\***

### **Camp**

### **Includes:**

- 3 hours instructional skate time per day
- Daily Hockey specific strength, conditioning and stretching
- Friday Skills Challenge & FLH Cup Championship Game

# Hockey



**Youth Hockey Update:** Dreamsports has made multiple changes during the Spring Season in an attempt to balance our youth hockey leagues. We created Black (beginner) and Red (advanced) divisions in our 8U, 10U, and 12U age groups. We also instituted a new rule limiting players to 5 goals per game. The average goal differential for the Winter Season for each team was 33.55 goals. That number has dropped to 16.85 goals for the Spring Season. This means games are closer and more competitive, with the goal differential averaging near 1.5 goals per game. Due to the positive feedback we have had from splitting those age groups into 2 divisions, we will be continuing with the Black and Red divisions moving forward. We will be making one more change to our 8U age group for the Summer Season. We will be splitting the rink in half and playing 2 games at one time, with the rinks being oriented across the width of a normal rink. Teams will have 3 skaters and a goalie on the surface when at full strength. This is an experimental change that we will evaluate at the end of the season to determine if we continue it going forward. Another positive change is that with the travel season ending, we will have more open times for practices on Saturdays.

We do have one rule change for the Summer Season. We will be going back to a stop clock in the final 2 minutes of a game that is within 2 goals or less. We will not be changing the crease rule for the Summer Season. Attacking players will still be allowed to enter the crease as long as they do not make contact with the opposing goaltender.

Dreamsports will also be offering hockey clinics as the summer starts up and moves into fall. Beginning in August we will be offering one clinic per month for players of all ages. Keep an eye on our website, [www.dreamsportscenter.com](http://www.dreamsportscenter.com), for more details.

## Spring 2011 Coach's Award winner is Don Kanning-

*"I have been coaching Roller Hockey since my oldest son started playing at DSC 3 years ago. I was not involved in Hockey prior to that. I began playing hockey after watching my son play and coaching his rec league. I have been playing myself for 3 years. I have been coaching every season since at the recreational level and I am currently coaching 10U, 12U and 14U rec level teams and assist on the 12U Dragons Red Travel Team. I have been coaching 12U travel team at DSC for the last 2 years. I really enjoy working with the kids and watching them develop new skills and team work. Hockey is an exciting fast passed sport that provides great exercise and is a lot of fun to be involved in as a player and as a coach."*



*"The best surface I've ever played on, period."*

# Pick up Hockey

Entry fee is \$10 per person, per pick-up. All participants must be members. See page 8 for membership details.

**Open Gym availability (Mon-Fri):** Limited rink time available, especially in the summer, so please call our office for availability on the day of interest.

## Youth Hockey, Saturdays

### **NEW AGE GROUPS & TIMES**

6:30 pm – 8:00pm, Ages 12 & under

8:00 pm – 9:30pm, Ages 13 & up

**\$10 each player**

*Youth times are separated by age. This is a great way for the player interested in trying out the game of in-line hockey. Youth pick-up is supervised, but no referees are present. Full gear is required. The first four goalies play free of charge.*

## Adult Hockey, Sundays

10 am – 12 noon, \$10 each player

*The first 4 Goalies to show up, sign in, and play, get paid \$10.*

**\*Always Check our website before you go just in case pick up is canceled or only down to 1 rink.**



**Five Hole Sports is your place for everything hockey!**

**Five Hole is located at: 1110-100 Buck Jones Road, Raleigh, NC**

[www.DreamsportsCenter.com](http://www.DreamsportsCenter.com)



**Multi-Sports Camp**

**Year Round: Monday thru Friday**

Full Day is 8:30am to 5:30pm; Half Day AM is 8:30am to 12:30pm; Half Day PM is 1:30pm to 5:30pm

Per week or per day options available as well as early drop off and late pick up (for an additional fee).

**Mini Sports Academy**

Mini Sports Academy is a Muti-sports camp for kids 3-6 years old. Times: 9:30am - 12:30pm, Cost: \$125 per 5 day week, \$100 per 4 day week

**Dates:**

May 31-June 3 \*4 Day Camp , June 27-July , July 5-8 \*4 Day Camp, July 24-29, August 1-5, August 22-26

**Classes:**

**Lil' Kickers:**



Traditional: Saturdays June 11-Aug 6th

**Lil Sluggers:**



Traditional: Saturdays June 11-Aug 6th

**Lil' Dunkers:**



Traditional: Saturdays June 11-Aug 6th

**Learn to In-Line Skate (ages 3-9):**



Traditional: Saturdays June 11-Aug 6th

Mini Sessions: June 13-24

**Learn to Play Hockey (ages 5-9):**



June 26-September 22, 2011

(No games July 1-July 7)

**Mini Pros:**



Traditional: Saturdays June 11-Aug 6th

**Pick Up Sports:**

**Monday-Friday**

**Open Gym:** Monday thru Friday, times vary per day, please call in advance to confirm availability: 387-2955

**Fridays:**

**Friday Sports Night:** Every Friday from 6:30-10:30pm \$10 per person. Supervised Sports Play for ages 8-13.



**Saturdays**

**Youth Hockey:** \$10 per person,

**Sundays**

**Adult Hockey:** \$10 per person, 10AM-12PM - Arrive early as this fills up quickly. \*First 4 Goalies per rink are paid \$10 to play.

**Adult Lacrosse:** Sundays 8-9:30 AM \$10 pp

**Leagues:**

**Spring Hockey:** March – June 2011

**Summer Hockey:** June– September

**Spring Adult Soccer:** March – June 2011

**Summer Adult Soccer:** June– September

**Spring Lacrosse:**



Sundays, May 15th -June 26

\*7 Week Instructional Program

**Summer Lacrosse:** Sundays: July 10-August 28

\*8 week Instructional Program

**Spring Youth Soccer Clinics: (Ages 7-13)**



Wednesday's 5:30-6:30

\*8 week Instructional class

**Summer Youth Soccer Clinics: (Ages 7-13)**

Monday or Tuesday's 5:30-7:30

\*8 Week Instructional class

**Lil Sluggers League:**



Saturday's: June 11th– August 6th