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*"Where
Everyone
Gets To
Play"*

Letter from the General Manager

It's hard to believe another year has passed for all of us. As we look to the new year, you will see some new changes in our programs at Dreamsports: most done due to customer feedback. The youth rec hockey season will now be 16 weeks instead of 12. We are hosting more tournaments than ever before so keep your eye on the schedule for all weekend activities. Our Child Development programs continue to grow, as do our camp programs. Friday Night Sports night has been revamped and is now even more fun. We now have 2 new pick-up times for men's lacrosse and hopefully we will see this grow into a league. We now have 15 Travel Hockey teams and a new partnership with Alkalai. We will also be partnering with Triangle Orthopedic as they expand to offer Urgent Care around the corner. We will be doing an Ironman tournament January 1st and including youth and adult hockey and soccer in the event.

With winter upon us, please remember to check our website before heading to the facility if there is any inclement weather.

It is our sincere wish that all of you have a great holiday season with lots of fun and joy, and sports of course.

Steve

WINTER OPEN HOUSE

Sunday, December 3rd

3:30-6:30

FREE instructional Classes



- | | |
|--------------------------|--------------------|
| • Lil' Kickers | • Inflatable's! |
| • Lil' Sluggers | • Youth Soccer |
| • Lil' Dunkers | • Lacrosse |
| • Learn to in-line skate | • Hockey Swap Shop |
| • Learn to play Hockey | • Arts and Crafts |
| • Face painting | • & MORE! |

*You never
know who
might stop
by!*



New at Dreamsports Center

"GOING GREEN PROJECT"

Dreamsports has been awarded a grant from the NC Green Business Fund to replace our HVAC systems, install much more energy efficient lighting throughout the building, and install solar thermal hot water system on our roof. Funding for this program comes from the American Recovery and Reinvestment Act via the US Department of Energy State Energy Program.

New in the Snack Bar:

New Items including:

Apple Cider!



New Birthday Party Packages Are Out!

- *Pre-school Birthday Party Packages- Ages 3-5 yrs old*
- *Slap Shot Package Birthday Parties- Ages 5 & Up*
- *Sports Night Birthday Parties- Ages 8+*



Visit our website for more information on these party packages.

New for Child Development:

- **LIL SLUGGERS T-BALL LEAGUE:** Starting this Session, Dreamsports added a Lil Sluggers Instructional T-Ball League! Kids receive instruction from our qualified coaches, and play real games!
- **MINI PROS:** Now including MORE soccer, basketball, tee-ball and flag-football! Check out the website for more details.
- **Lil' Kickers MICRO 8/9:** Has your child aged out of the Lil' Kickers program? WE HAVE THE ANSWER! Dreamsports is bringing back our Micro class for 8-9 year old beginner to intermediate soccer players.
- **Lil' Kickers Micro Advanced:** Are you looking for a more advanced class for your 5-8 year old than the regular Micro classes offered? NO PROBLEM! Dreamsports Mico Advanced classes are for experienced Lil' Kickers or advanced soccer players that are ready to take it to the next level!
- **ENRICHMENT:** Dreamsports is offering classes at local pre-schools in the area! Is our schedule not conducive to your busy schedule? Talk to us about offering classes at your child's pre-school!
- **FACEBOOK:** We are now very active Facebook users! Friend "Dreamsports Child Development Programs" for updates, reminders, give-aways, pictures, discounts, and MORE!

Winter & Winter Activities



SAVE THE DATE!

Track Out Camp Holiday Party

SATURDAY DECEMBER 17th 5-9pm!

An evening of Holiday fun with your favorite Dreamsports camp staff!

Parents....finish your holiday shopping while the kids get to have some fun!



Activities will include all of their favorite camp games like dodgeball, 4square, soccer, skating etc PLUS inflatable's, pizza and ice cream!



Registration will be required and more details will be on the website!

Holiday Closings

Happy Holidays!

Dreamsports Center will be closed for all activities the following days:

Holiday Break– December 24th–
January 1



Friday Sports Night

Every Friday Night from 6:30pm to 10:30pm

Kids 8 thru 13 enjoy a night filled with organized SPORTS! Yes, that's right! Are you looking for somewhere SAFE & FUN for your kids to hang out on Friday Nights? Dreamsports hosts a night of Soccer, In-Line Skating, Deck Hockey, and Basketball and kids are free to roam from sport to sport throughout the evening. Parents can enjoy a night out while their kids are having supervised fun!

Admission is \$10 per person and parents are welcome to stay for FREE! In-line skate rental is available for \$2. All participants must be Dreamsports Members and waivers must be on file for all participants. Register Online and Admission is only \$9!

Next Theme Night: December 17th 6:30-10:30- Winter Wonderland

- **1/2 Off Admission with donation of a Can Good.** Help us by making a donation to Western Wake Crisis Ministry to help those in need in our community during this holiday season.
- **Wear you Holiday festive attire or a Santa Hat to be entered into a drawing for a free year of sports night and other great prizes!**
- **Games, Prizes, Contests & MORE!**



Instructional Programs for Ages 18 mths-6 yrs

Lil' Dunkers

Lil' Dunkers is a Child Development class through the game of basketball. Classes are offered for children ages 2-6. Lil' Dunkers classes are 45 minutes long, non-competitive and jam packed with FUN!



<u>AGE</u>	<u>CLASS NAME</u>	<u>CLASS TYPE</u>
2-3 yrs	Tiny Dragons	Parent/Child Beginner
3-4 yrs	Mini Dragons	Independent Beginner
5-6 yrs	Mighty Dragons	Beginner



**Returning in the winter session!*

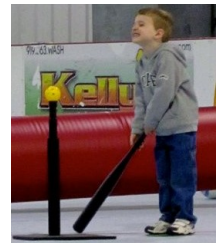
Lil Sluggers



Lil Sluggers is an instructional program designed to introduce children ages 2 to 5 years to the game of baseball. Kids learn important baseball skills, such as throwing, catching, hitting, and base running.



- Lil Sluggers has small class sizes.
- All classes are held indoors.
- Ask about our no-obligation trial classes
- We do private group classes for kids up to 7 years old.



Mini Pros

A Variety of Sports

Brought on by popular demand, the Mini Pros class allows children the opportunity to experience a little bit of soccer, basketball, tee-ball, and flag football! This program is offered for ages 2-6 years. Mini Pros classes are 45 minutes long, and focus' on each of the four sports for multiple classes! This is a great way to introduce kids to a variety of sports and explore their interests without breaking the bank! In order to complete the full program, you must devote two sessions to Mini Pros. The program is divided up into two sports per session. For more information on Mini Pros contact Bianca Owens, at 387-2955 x102 or email Bianca at Bianca@Dreamsportscenter.com.



Lil' Kickers

Soccer for Ages 18 months thru 9 yrs

Check out our brochure for a detailed schedule. Download one from our website www.Dreamsportscenter.com.

Dreamsports Center can also bring our Lil' Kickers classes to you! We offer Lil' Kickers as an enrichment program at local schools and daycares. Find out how to get Lil' Kickers involved with your school by contacting Bianca Owens at: Bianca@DreamsportsCenter.com



Learn to In-Line Skate

Dreamsports Center's Learn to Skate program is newly revamped and improved!! The Learn to Skate program is still for kids between the ages of 3 and 9 years old, only now its broken up into multiple levels, so the kids can improve faster! This program has already been growing so quickly over the past year, with this new improvement, Learn to Skate will quickly become the highest quality skate program in the area!!



- **Beginner:** First time skaters! Learning how to stand and skate!
- **Intermediate:** For skaters that can already stand and skate 25 feet on their own without Wintering. Working on turning, stopping, and picking up speed!
- **Advanced:** For skaters that can stand, move, pick up speed, and skate in a square, and stop without Wintering. This class working on skating backwards, the hockey stop, cross-overs, and much more! This class is a **great** way to get ready for the Learn to Play Hockey class!



Host your child's next birthday party at Dreamsports! It will be a birthday your child will remember forever! We customize each sports party to include your favorite games.

Call Kerianne at 387-2955 x105 for more information.

The Lil Sluggers League is Dreamsports Center's NEWEST Program!!!

Dreamsports Center's Lil Sluggers instructional tee-ball league is for kids ages 4-6 years old. This league is for previous Lil Sluggers enrollee's, or experienced baseball players. Teams in the Lil Sluggers league will include 6-8 players and one experienced and trained Dreamsports Child Development Coach.

Lil Sluggers leagues introduces young players to the actual game of baseball. Each session starts with dynamic and fun drills that teach baseball fundamentals followed by real games which will reinforce these skills.

WINTER

The Winter Session will be December 10-March 3. Teams will play 7 games on Saturday afternoons between 1:30pm and 4:30pm.

Learn to Play In-Line Hockey

This program is designed for children ages 5-9 years and works on the basic skills of skating, stick handling, passing, shooting and positional play.



Winter 2012 we will have an 14 week session.



Tuesdays, 5:30-6:30pm

or

Saturdays, 11:30-12:30am

Cost: \$182 *Membership not included

Add "Dreamsports Child Development Programs" as a Facebook Friend!



Camp

It's time to spend your Track Out, Teacher Workdays & Winter Break at Dreamsports! Because we have...

THE BEST SPORTS CAMP AROUND TOWN!

All camps are geared for kids ages 5-13, which includes indoor soccer, deck hockey, basketball, recreational lacrosse, in-line skating, and other sports activities.

Camps are available per week, per day, or per half day (am or pm) for all weeks.

Our ***new daily schedule*** is 8:30am to 5:30pm for full day, 8:30am to 12:30pm for half day mornings, and 1:30pm to 5:30pm for half day afternoons. Cost is \$210.00 per week for full day, \$130.00 per week for half day morning is \$115 half day afternoon, \$29 per day AM half day, \$25 per day PM half day, \$49 per day Full day. *Membership not included


Each Camp Counselor is CPR/First Aid Certified. All Counselors go through extensive training and background checks.

Our philosophy for our multi-sport camps is to expose our participants to as many different sports as possible, to keep them active throughout the day, to make friends, and to give them opportunities to practice and experience good sportsmanship.



We also play dodgeball, flag football, world cup, capture the flag, wiffle ball, kick ball, corn hole, sharks and minnows , and our all time favorite, "four square".

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 BANKING INSURANCE INVESTMENTS

 **Find us on Facebook** Are you a member of Facebook? Go to the Dreamsports Facebook page and upload photos, videos or join in on a discussion group.

EVERYONE IS A MEMBER!

DREAMSPORTS YEARLY MEMBERSHIP

~ All memberships are valid one year from the purchase date ~

Individual Membership = \$25 per person

College Student Membership* = \$10 per person

Military Membership* = \$10 per person

**Proper picture ID is required for College & Military Memberships*

DREAMSPORTS SEASONAL, OR DAILY MEMBERSHIP

Season or Session Membership: \$10 per person

~ All memberships are valid for the season or session only ~

Sports Programs , Child Development Classes, Camps, Sports Leagues

Daily Membership: \$5 per person

Pick Ups , Hockey or Soccer Subs, Sports Night

Soccer



Introducing our New Soccer Director: Kupono Low

“I have played soccer for over 25 years and understand that fair play and good sportsmanship are the pillars for a fun and safe soccer league. As Director I hope to attend as many games as possible to answer any questions you might have and more importantly make sure everyone is having a great time.”



One change has been made to this upcoming youth winter season that starts January 2nd. There will be a “BLACK “ and “WHITE” division to separate outdoor teams that have played together for two or more seasons (BLACK) and teams that have played together for one season or less (WHITE). Below are the dates for our registration for both the Adult and Youth soccer leagues. We recommend teams and players sign up as soon as possible since we expect a very large number of players this winter season. Thank you for your time and I hope to see you at DreamSports, “Where everyone gets to play”.

Winter 2012 Adult Soccer Season:

January 2-March 24, 2012

- *Registration opens for existing teams on Monday, October 31st.
- *Each Team must submit a \$500 team deposit by Friday, December 2nd to secure a spot in the winter 2012 league.
- The full team fee is \$1025 per team. The full team fee is due by the first game of the season.



Winter Youth Soccer:

January 2-February 25, 2012

- *\$74.96 per player
- *Teams play 8 games
- *Registration Opens to Fall 2011 existing players on October 31st, 2011.
- *Registration Opens to the public on November 14, 2011



For more information regarding our league schedule you can go to www.dreamsportscenter.com

**No Clinics will be available for the Winter season due to the large demand of teams for league play.

ADD
“DREAMSPORTSCENTER
MULTISPORTS PROGRAMS” 



CAROLINA RAILHAWKS
CAROLINARAILHAWKS.COM | (919) 859-KICK

Lacrosse

Youth Winter Lacrosse: Sundays

January 8th - February 12th

*6 week Lacrosse program run by the Apex HS coaching staff

Positional Academy Fee: \$139.50 per player *membership not included



The Attack and Defense Academy, and Midfield Academy is for **players grades 6-9** who all ready possess fundamental skills in passing, catching, and cradling and are seeking to bring their game to the next level. And we also offer Instructional Academies for **boys grades 5-9, AND girls grades 5-12.**

Attack and Defense Academy - Only 11 Attackmen and 11 Defensemen will be taken in this program. The players will work separately by position and then together in order to incorporate "live action" reps into the program. The Attack and Defense Academy will be led by Apex HS Head Coach John Hayden.

Midfield Academy – Only 22 Midfielders will be accepted in this program. We will cover all aspects of Midfield play. The Midfield Academy will be led by longtime Apex HS Assistant Coach and NC State Head Coach, Chip Thurston.

Instructional Academy – This is for players in grades 5-9 who are interested in learning all of the fundamentals of these positions. It teaches players the overall instruction of the game, and covers many different aspects of the game of Lacrosse.

Girls Instructional Academy- This is for girls grades 5-12 who are interested in learning more about the fundamentals of the game. It will help players better their game, and also learn more about Lacrosse in general.

Contact Jeff Smith for more information: Jeff@dreamsportscenter.com

BATTLELAX.COM
winning lacrosse products

Adult Lacrosse Pick up:

Adult Lacrosse Pick-up:

Sundays: 8:00-9:30 AM, Tuesday 6:30-7:30 PM

Entry Fee is \$5 per person per pickup. All participants must be Dreamsports members.

*Times and dates subject to change. Please check the website for up to date information.



919.363.9274



Kelly's NC offers Hot Pressure Washing for both new construction and residential properties. Call Kelly's now and save 10% when you mention you saw this ad in *The Dreamsports Ezine*.

www.DreamsportsCenter.com

Birthday Parties



NEW Birthday Party Packages are here!

Our parties are **BETTER** than ever! Dreamsports has designed Birthday Party Packages that are guaranteed to make your child's birthday special! Birthday parties can be scheduled during our Friday "Sports Nights" from 6:30pm – 10:30pm OR depending upon availability, our turf/ sports rinks can be rented so you can host your own private affair.

We now offer **Pre-school Parties!** Preschool parties include 50 minutes of everyone's favorite Child Development games, and 40 minutes in the party room for Pizza, snack, cupcakes, and **MORE!** All with your favorite party coaches!

Our **MOST** popular **Sports Night package** is back! Sports night package includes Admission to sports night, skate rentals, 20 minutes of exclusive private time on the soccer field and the rinks for deck hockey and organized games, as well as pizza, snacks, cupcakes and **More!** All with your favorite party coaches!

Slap Shot Package includes one hour on the field or rink for organized games followed by one hour in the party area for pizza, snacks, cupcakes and **MORE!** All with your favorite party coaches!

Call now to reserve your party. Hurry, space is limited .

For more information on these packages please visit our website or contact Kerianne at (919) 387-2955 ext: 105 or email Kerianne@dreamsportscenter.com



DUNKIN' DONUTS

baskin **BR** robbins

Perry Road, Apex NC

Wear your Dreamsports Jersey to Perry Road Location and receive a free small ice cream through out the Winter!



Employee News

Dreamsports Employee Corner



We would like to welcome **Kelci Beck** to Dreamsports center. Kelci is the new Assistant Director of Child Development. Kelci is 23 years old and is a recent graduate of East Carolina University with a degree in Exercise and Sports Science. In her spare time, Kelci loves to spend time with her family, exercise, and play with her new puppy Ella. Kelci also loves to be active and play sports!

Jeff Smith is the new Assistant League Director. Jeff is 22 years old and has been playing at Dreamsports Center since he was 10 years old. Jeff is also a freelance sports writer and sports blogger, and also plays in our Adult A-B Soccer league. Jeff is currently one of our Soccer officials, and head coaches for our Youth Soccer leagues!



Kupono Low is the Director of Soccer at Dreamsports Center. Kupono has coached at the youth, high school and collegiate level. Kupono also has 4 years Division 1 college playing experience at Fresno State where he earned his Bachelors in Liberal Studies with an emphasis in Children and Family Development. Kupono also was drafted and played one year in the MISL (Major Indoor Soccer League) and is currently in his 10th season as a professional player and 5th season for the Carolina Railhawks.

Hockey

Youth Hockey Update: Hockey at Dreamsports continues to be one of our core programs. We are continuously looking for ways to improve it for both our Youth and Adult programs. Over the past two seasons we have made some changes in our youth program, which have been very well received. We split divisions in our 8U, 10U, and 12U leagues allowing our less experienced players to have a better experience and our more experienced players getting a higher level of competition. As long as we have sufficient numbers of players, we will continue to have Black and Red Divisions in these three age groups. The newest change we are introducing to our youth hockey program is a change in the season length. The youth hockey season will now be 14 weeks long plus 2 weeks of playoffs. This change will allow teams to stay together longer. Instead of getting torn apart and reshuffled 4 times each year, this will now only occur 3 times.

After experimenting with playing "cross-Ice" in our 8U Black Division, we also had positive results. The shorter rink, with a full 4 skaters per side, has allowed all of the players to be more involved in the game and give them more opportunity to have the puck on their stick as well as learn positioning better. Due to all the positive results we have seen and feedback we have heard from the parents and coaches, we have decided to stick with this format for the 8U Black Division going forward into the future.

Dreamsports has also taken over operation of the Carolina Scholastic Hockey League. We are proud to be able to continue this great program and look forward to many more years of high school and middle school hockey. CSHL allows youth hockey players to participate in games with their classmates against teams from opposing schools. The high school league will run from mid-October through the beginning of February and the middle school league will run from March through May.

Summer 2011 Coach's Award Goes to: Jonny Powell

"I've played hockey since I was 13 but I just started coaching about a year ago. As head coach of the 8U Snipers and then the 8U Young Guns, I've seen my teams place everywhere from first to last and I've loved every minute of it.

Although I've played hockey since I was a kid myself, I've never coached before coming to Dreamsports with my son Bridger. Coaching has proven to me to be even more fun than playing! It is truly what I look forward to every week. I really enjoy teaching and watching each child develop and learn the game as well as sportsmanship. Hockey is much more than a game played between two goals and scored by numbers--it's a discipline of sharing, patience, and hard work that will teach our kids how to handle life as they grow up.

I'd be kidding myself not to admit that I've learned just as much as the children over the past four seasons, and for that I want to thank Dreamsports, and the kids and parents who've been part of my hockey family. Finally, kids, remember: skate hard, play hard, practice hard, and always remember the words of Jimmy V: "Don't give up. Don't ever give up!"



"The best surface I've ever played on, period."

Travel Hockey

Dreamsports Travel Hockey:

The Travel Hockey season kicks off later this year due to customer demand. Our first tournament will be the Coastal Cup on the weekend of 12/10. We have 5 Action teams and 9 Dragons teams. We started new teams that allow players that are playing Travel Ice Hockey to get started after their season ends.

Alkalai is a new In-line hockey only manufacturer that we are teaming up with in our travel program. Look for us to be able to get some special deals for Dreamsports members in the coming year.



Pick up Hockey

Open Gym availability (Mon-Fri): Limited rink time available, especially in the Winter, so please call our office for availability on the day of interest.

Youth Hockey, Saturdays
NEW AGE GROUPS & TIMES

6:30 pm – 8:00pm, Ages 12 & under
 8:00 pm – 9:30pm, Ages 13 & up
\$10 each player

Youth times are separated by age. This is a great way for the player interested in trying out the game of in-line hockey . Youth pick-up is supervised, but no referees are present. Full gear is required. The first four goalies play free of charge.

Adult Hockey, Sundays

10 am – 12 noon, \$10 each player
The first 4 Goalies to show up, sign in, and play, get paid \$10.

***Always Check our website before you go just in case pick up is canceled or only down to 1 rink.**





Five Hole Sports is your place for everything hockey!
 Five Hole is located at: 1110-100 Buck Jones Road, Raleigh, NC



Job Opportunities



Do you love sports? Are you energetic and friendly? Do you enjoy working with kids? Go to our website and click on the online application to apply today!

We are always interested in meeting High Energetic Camp Counselors, Child Development Instructors, Rink Attendants, Certified Soccer Referees, Snack Bar cashiers & scorekeepers. High school students ages 16 and older may apply if they have a grade point average of 3.0 or greater. Online submissions only.

www.DreamsportsCenter.com/jobs.html

Dreamsports performs various background checks on all employees and we do not hire or employ those with criminal histories or indications of inappropriate behavior in dealing with children.

Dreamsports Center is an equal employment opportunity employer. We adhere to a policy of making employment decisions without regard to race, color, religion, gender, sexual orientation, national origin, citizenship, age or disability. We assure you that your opportunity for employment with Dreamsports Center depends solely on your qualifications.



Calendar of Events



Multi-Sports Camp

Year Round: Monday thru Friday

Full Day is 8:30am to 5:30pm; Half Day AM is 8:30am to 12:30pm; Half Day PM is 1:30pm to 5:30pm

Per week or per day options available as well as early drop off and late pick up (for an additional fee).

Classes:

Lil' Kickers:



Winter Session: December 10 -March 3
(10 weeks)

**No Classes December 20- January 1, January 24-28

Lil Sluggers:



Winter Session: December 10 -March 3
(10 weeks)

**No Classes December 20- January 1, January 24-28

Learn to In-Line Skate (ages 3-9):



Winter Session: December 10 -March 3
(10 weeks)

**No Classes December 20- January 1, January 24-28

Learn to Play Hockey:



Winter session: January 2nd– April 26th
(14 weeks)

*No classes Jan 28th, Feb 18 or April 3rd

Mini Pros:



Winter Session: December 10 -March 3
(10 weeks)

**No Classes December 20- January 1, January 24-28



Pick Up Sports:

Monday-Friday

Open Gym: Monday thru Friday, times vary per day, please call in advance to confirm availability: 919-387-2955

Fridays:

Friday Sports Night: Every Friday from 6:30-10:30pm \$10 per person. Supervised Sports Play for ages 8-13.

Saturdays

Youth Hockey: \$10 per person
*see pg 8 for times and age groups

Sundays

Adult Hockey: \$10 per person, 10 am-12 pm- Arrive early as this fills up quickly. *First 4 Goalies per rink are paid \$10 to play.

Adult Lacrosse: Sundays 8-9:30 am, Tuesdays 6:30-8:30 \$10 pp

Leagues:

Winter Adult Hockey:
January 2nd-March 22nd

Winter Youth Hockey:
January 2nd-April 26th

Winter Adult Soccer:
January 2nd-March 22nd

Winter Youth Soccer:
January 2nd– February 25th

Winter Lacrosse:



Sundays, January 8th-February 12th
*8 Week Instructional Program

Lil Sluggers League:



Winter: Saturday's: December 10-March 3

